

**TO THE POINT ABOUT ELIMINATING DRIVING DISTRACTIONS**  
**REVIEW QUIZ**

*The following questions are provided to determine how well you understand the information presented in this program.*

Name \_\_\_\_\_ Date \_\_\_\_\_

1. Statistics indicate that 1 in \_\_\_\_\_ motor vehicle fatalities is a result of distracted driving.
  - a. 4
  - c. 8
  - d. 10
  
2. Studies show that about \_\_\_\_\_ of fatal crashes involve cell phone use.
  - a. 12 percent
  - b. 25 percent
  - c. 50 percent
  
3. The most common type of driving distraction is \_\_\_\_\_.
  - a. Auditory distraction
  - b. Visual distraction
  - c. Cognitive distraction
  
4. Which of the following is an example of a manual distraction?
  - a. Taking our hands off the steering wheel to eat or drink
  - b. Moving our feet away from the pedals to put on shoes
  - c. Using our hands to send a message on a phone
  - d. All of the above
  
5. So-called "multi-tasking" is really impossible since our brains can only do one thing at a time.
  - a. True
  - b. False
  
6. In-depth conversations, even on hands-free devices, can be very distracting and are not recommended.
  - a. True
  - b. False
  
7. If you are a passenger in a vehicle with a distracted driver, you should avoid speaking up unless you feel unsafe or your life is in danger.
  - a. True
  - b. False
  
8. \_\_\_\_\_ is sometimes called "the ultimate distraction."
  - a. Driving while extremely angry
  - b. Driving while extremely frustrated
  - c. Driving while extremely fatigued
  
9. \_\_\_\_\_ occurs when drivers become unaware of their surroundings and their actions are driving more by habit than circumstances.
  - a. Driving without ability
  - b. Driving without awareness
  - c. Driving without authorization

## **TO THE POINT ABOUT ELIMINATING DRIVING DISTRACTIONS**

### **ANSWERS TO THE REVIEW QUIZ**

1. a

2. a

3. b

4. d

5. a

6. b

7. b

8. c

9. b