

## TO THE POINT ABOUT PREVENTING SLIPS, TRIPS & FALLS

### *Review Quiz*

Name \_\_\_\_\_ Date \_\_\_\_\_

*Please provide answers to the following to show how well you understand the information presented during this program.*

1. When standing, your center of gravity is located \_\_\_\_\_.
  - a. between your shoulders
  - b. near your lower back
  - c. behind your knees
  
2. Gravity is the constant force that pulls you down toward the ground or floor.
  - a. true
  - b. false
  
3. The more momentum you have when traveling, the more difficult it is to stop or change directions when encountering a slip or trip hazard.
  - a. true
  - b. false
  
4. Most slips occur when there is not enough friction between the \_\_\_\_\_ of your shoe and the traveling surface.
  - a. heel
  - b. toe
  - c. midsole
  
5. Slipping hazards are not always a liquid.
  - a. true
  - b. false
  
6. You should only store items in stairwells and doorways if you are going to leave them there for a short time.
  - a. true
  - b. false
  
7. You should only run in the workplace when an emergency requires evacuation.
  - a. true
  - b. false
  
8. You should never carry a load that obstructs your forward view.
  - a. true
  - b. false

*ANSWERS TO THE REVIEW QUESTIONS*

1. b

2. a

3. a

4. a

5. a

6. b

7. b

8. a